

## TROWER BIO - 2022

Dr. Cathy A. Trower is President of Trower & Trower, Inc., ([www.trowerandtrower.com](http://www.trowerandtrower.com)) a board governance consulting firm, through which she has provided consulting and coaching services to over 300 nonprofits including dozens of colleges and universities, independent schools, hospitals and healthcare systems, foundations, federated organizations, international NGOs, and associations. She is a popular, dynamic, and engaging conference speaker. She writes a monthly column for the Independent Schools Chairpersons Association in which she answers governance questions from members.

Trower is author of *The Practitioner's Guide to Governance as Leadership: Building High Performing Nonprofit Boards* (Jossey-Bass, 2013) and the second edition of *Govern More, Manage Less* (BoardSource, 2010). She is coauthor with Peter Eckel of *Practical Wisdom: Thinking Differently about College and University Governance* (Stylus Publishing, 2018). She has written several articles for the Association of Governing Board's *Trusteeship* magazine including, "Diverse, Inclusive, and Equitable Boards: Why So Slow?" (Part I, Mar/Apr 2022), "Governing in and Through a Pandemic" (Sept-Oct 2020, co-authored with Peter Eckel), "Going Virtual Fast & Well" (May-June 2020), "So, You're the Board Chair" (Jan-Feb 2020), and "Flipping the Boardroom for Trustee Engagement: Why and How" (Mar-Apr 2015). Another article for AGB's *Trusteeship* is forthcoming: "Diverse, Inclusive, and Equitable Boards: A Dozen Ideas to Make Progress" (Part II, May/Jun 2022).

Formerly Research Director at the Harvard Graduate School of Education, Trower studied academic leadership, shared governance, faculty work life, employment issues, policies, and practices including the experiences of faculty through a generational lens, women in STEM disciplines, and underrepresented minorities for sixteen years. Prior to Harvard, Cathy served as a senior-level administrator of business degree programs at Johns Hopkins University; she has also been a faculty member and department chair at a liberal arts college. Trower's academic publications include an edited volume on faculty policies, dozens of book chapters, articles, case studies, and a book about faculty work life and policies entitled *Success on the Tenure-Track: Five Keys to Faculty Satisfaction* (Johns Hopkins University Press, 2012).

Cathy is Chair of the RiverWoods (Exeter, NH) Board of Trustees. She served on the BoardSource (Washington, DC) Board of Directors from 2014-2021 where she was Chair of the Board (2019-2020) and Audit Committee Chair (2020-2021). She served on the Wheaton College, MA Board of Trustees from 2012 to 2017, and was Vice Chair of the Governance Committee. She holds a BBA (1981) and an MBA (1984) from the University of Iowa, and a Ph.D. (1996) in higher education administration from the University of Maryland, College Park.